

Positive Intelligence® Enhances the Development of Executive Core Qualifications

Positive Intelligence is the foundation for developing successful government leaders that generate results, serve customers, and build collaborative relationships inside and outside of their organizations

Positive Intelligence (PQ) is a mental fitness program based on proven neurological science. Our approach systematically builds the pillars of mental fitness to create sustained improvements in performance, engagement, wellbeing, and relationships while developing a growth mindset.

The PQ Program enhances the development of the U.S. Office of Personnel Management's (OPM) five Executive Core Qualifications (ECQs). Federal employees who complete the PQ Program enhance the development of the competencies needed to drive for results, serve customers, and build successful teams.

Positive Intelligence Boosts Performance and Wellness Among Participants:



*Based on survey results from a cohort of >2000 Positive Intelligence Program participants after 6 weeks of mental fitness training

Skills Developed Through the Positive Intelligence Program Enhance the Development of OPM's ECQs:



ECQ 1: Leading Change

- Conflict Management
- Leveraging Diversity
- Developing Others
- Team Building

Skills Developed Through PQ

- Change Catalyst
- Influence
- Adaptability
- Emotional Self-Control
- Self-Confidence
- Inspirational Leadership



ECQ 2: Leading People

- Conflict Management
- Leveraging Diversity
- Developing Others
- Team Building

Skills Developed Through PQ

- Conflict Management
- Empathy
- Developing Others
- Emotional Self-Awareness
- Accurate Self-Assessment
- Inspirational Leadership



ECQ 3: Results Driven

- Accountability
- Customer Service
- Decisiveness
- Entrepreneurship
- Problem Solving
- Technical Credibility

Skills Developed Through PQ

- Achievement
- Change Catalyst
- Self-Confidence
- Optimism
- Initiative
- Adaptability



ECQ 4: Business Acumen

- Financial Management
- Human Capital Management
- Technology Management

Skills Developed Through PQ

- Change Catalyst
- Conflict Management
- Influence
- Initiative
- Adaptability



ECQ 5: Building Coalitions

- Partnering
- Political Savvy
- Influencing/ Negotiating

Skills Developed Through PQ

- Teamwork & Collaboration
- Influence
- Conflict Management
- Service Orientation
- Transparency